



Self-Assessment: Self-Management

To get an idea of how you can manage yourself even more effectively, take the following assessment. Circle the number that comes closest to representing how true the statement is for you right now. Use the following scale:

4: *Consistently* • 3: *Usually* • 2: *Sort of* • 1: *Rarely*

Focus

- 4 3 2 1 I focus on joining God in what he is already doing.
- 4 3 2 1 I focus on doing right things, before I focus on doing things right.
- 4 3 2 1 I focus on my God-given mission.
- 4 3 2 1 I have defined my mission in terms of SMART goals.
- 4 3 2 1 I understand how my mission, goals, and daily activities are connected.

Work smart

- 4 3 2 1 I find better ways to achieve my goals.
- 4 3 2 1 I think big. For example, I ask myself questions like “What 3 dreams do I want to realize?”
- 4 3 2 1 I think clearly.
- 4 3 2 1 I think outside the box.
- 4 3 2 1 I ask God for help.
- 4 3 2 1 I track my progress on my goals.
- 4 3 2 1 I reflect on my goals.
- 4 3 2 1 I determine the actions steps I will take to achieve my goals.
- 4 3 2 1 I schedule my action steps.
- 4 3 2 1 I schedule my big goals first.
- 4 3 2 1 I plan backwards.

Pursue excellence

- 4 3 2 1 Before I start working on my goals, I get the resources I need.
- 4 3 2 1 I get the support, encouragement, and accountability I need to achieve my goals.
- 4 3 2 1 I pay attention to my goals (because I know that what I pay attention to gets done).
- 4 3 2 1 I target my strengths.
- 4 3 2 1 I eliminate my frustrations.